### Pialee Roy, Ph.D. & certified health coach, Resume

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# **Educational Attainment.**

College/University/ Education Institute	Location	Dates Attended (MM/YYYY- MM/YYYY)	Degree	Date awarded	<b>Major/Field of</b> Study
Health Coach Institute	Online	11/2018 – 7/2019	Health Coach Certificate	7/10/2019	Health Coaching
University of Delaware	Newark,DE	08/2012-12/2018	Ph.D. GPA3.6	12/19/2018	Urban Affairs & Public Policy
Tufts University	Medford,MA	09/2001- 05/2006	Joint M.A. GPA 3.5	05/27/2006	Child Development & Public Policy
University of Delaware	Newark,DE	09/1995 -05/2000	Dual Degree: B.S.	05/26/2000	Human Development & Family Studies
University of Delaware	Newark,DE	09/1995- 05/2000	Dual Degree: B.A.	05/26/2000	Psychology, Minor in Disabilities Studies

**Doctoral Dissertation Topic:** Health Literacy and Health Seeking Behavior of Parents of Young Children in **Early Education and Care Programs** in New Castle County, Delaware.

A comparison of demographic associations of families attending Head Start and Non-Head Start preschool programs and pediatric primary care use for obesity through review through variables like home health literacy environment, parental general health and nutrition health literacy, parent education, school provided health care referrals, and perceptions of health care quality.

## Link to Dissertation ...

https://padtopen.proauest.com/doc/2191704673.html?FMT=AI

**Masters Thesis Topic**: Grandmother program involvement in Heathy Families Massachusetts: A study of home visitor perceptions of extended family involvement in a teen parent support program.

#### Link to Thesis...

https://search.proquest.com/openview/302c999ea7050a69fd28e16ea68c1d60/1.pdf?pq-origsite=gscholar&cbl=18750&diss=y

**Computer skills:** Proficient: SPSS, Amos (Structural Equation Modeling), Learning Stata. Microsoft Office, Survey Monkey, EPIC, and Piktochart infographics.

**Employment Experience** 

Employer	Position	Dates of employment	Full/Part- time	Description of Work
Sparkly Life Health Coaching Inc.  Website: www.sparklylifehealthcoaching.com	Owner, CEO, Health Coach	3/17/2020 - present	Part time	Built a small business after completing a certification to support healthy behavior change through health coaching.
Padma Sherni Inc.  Website: www.padmasherni.org	Owner, CEO, Project Director, grant writer	Attained nonprofit 501c3 status 8/1/2018 to present	Part time	Built a small business and attained small grants to promote childrens' resilience through health, literacy, play, and multicultural awareness through the arts
University of Delaware Department of Anthropology	Adjunct Instructor	2/2020 - present	Part time	Guided Undergraduate students as their instructor for an Anthropology of Health Course
Del State University	Adjunct Instructor	3/2019 - present	Part Time	Guided students as their instructor for a Public Policy Analysis & Research Methods course, mentoring MPA students
University of Delaware Center for Disabilities Studies	Survey Research, NCI Project Coordinator/ Co- Principal Investigator	09/2018 -6/30/2018 (contractor part time) 7/2019 to present (full time)	Full Time	Quality improvement initiative for adults with intellectual/developme ntal disabilities
University of Delaware Institute for Global Studies, Working with international students and study abroad students' data on resilience	Project Assistant/Research Assistant	06/2018 - 12/2018	Part Time	Data analysis for reviewing pre post survey analysis on resilience data.
University of Delaware, Institute for Policy Analysis (IPA) Education Policy Analysis	Public Policy Fellow/ Research Assistant	01/2017 - 8/2017	Part Time	Data analysis and report writing for educational access and achievement disparities between Wilmington and NonWilmington regions of Delaware, USA.

Employer	Position	Dates of employment	Full/Part- time	Description of Work
Delaware Department of Education: Delaware Future Education Leaders Program	Summer Fellow/Intern	06/2016 - 08/2016	Part Time	Education Policy Analysis about early education teacher retention and compensation
Nemours Foundation, A.I. DuPont Hospital for Children	Research Specialist/ Coordinator	01/2011 - 2/2013, 03/2013 - 10/2013	Full Time, Part Time	Research coordination for Data collection, interviewing, IRB Shared decision making for families with children who have Chronic Health Issues
Commonwealth of MA, Massachusetts Department of Public Health, Office of Health and Disability Healthv Aging	Program Coordinator II	01/2006 - 12/2010	Full Time	Health promotion and disease prevention work including people with disabilities into existing/new programs for nutrition and physical activity and violence prevention and womens/men's health for mammography access. Also managed relevant advisory board meetings.
Harvard Graduate School of Education	English Language assessor for Bilingual Children Head Start programs	09/2001- 05/2003	Part Time	Administered literacy assessments for bilingual children attending Head Start programs
Tufts TIER, MA Healthy Families Evaluation Project		09/2001- 05/2006	Part Time	Supported young mothers and evaluated family support program for extended family involvement, emotional availability and prevention of repeat teen pregnancies and prevention of child abuse/neglect
The Rockford Center	Mental Heath Worker/ Discharge Planner	05/2000- 08/2001	Full Time	Counseled clients including youth and adults in coping strategies for grief, depression, anger, relationships, social support and work life balance.

# Pialee Roy, Owner, CEO, Project Director, Padma Sherni Inc. a 501c3 nonprofit



A Research & Public Policy Analysis NonProfit Organization

Building Children's Resilience with Health and Literacy Promotion

https:/fwww.padmas hemi.org

The 501c3 nonprofit organization: Padma Sherni Inc. started in order to promote health and education access across the lifespan, and multicultural awareness through the arts!

Padma Sherni Inc. has a strong interest in increasing the rate of developmental screenings and related referrals for literacy and health promotion. The founder started this nonprofit organization to focus on efforts like education as a path out of poverty, alongside of mentorship, social policy research and project evaluation in collaboration with others who have similar goals. A recent projects that the organization is trying to do is

The Music & Literacy Promotion Project in Preschools for Understanding how shared reading and guided and free play with music, supports literacy/numeracy skills in young & Multicultural Awareness through the Arts children while supporting learning enrichment in lower quality rated preschools striving to achieve 4 or 5 stars in a quality rating improvement system.

> We have also hosted a multicultural show to celebrate diversity through song, dance, and theater skits, while raising money for developmental screening toolkits for assessors who rely on resource libraries in lower income preschool neighborhoods.