

Educational Attainment.

College/University	Location	Dates Attended (MM/YYYY-MM/YYYY)	Degree	Date awarded	Major/Field of Study
University of Delaware	Newark,DE	08/2012-12/2018	Ph.D. GPA3.6	12/19/2018	Urban Affairs & Public Policy
Tufts University	Medford,MA	09/2001- 05/2006	Joint M.A. GPA 3.5	05/27/2006	Child Development & Public Policy
University of Delaware	Newark,DE	09/1995 -05/2000	Dual Degree: B.S.	05/26/2000	Human Development & Family Studies
University of Delaware	Newark,DE	09/1995- 05/2000	Dual Degree: B.A.	05/26/2000	Psychology, Minor in Disabilities Studies

Dissertation Topic: *Health Literacy and Health Seeking Behavior of Parents of Young Children in Early Education and Care Programs in New Castle County, Delaware.*

- o *A comparison of demographic associations of families attending Head Start and Non-Head Start preschool programs and pediatric primary care use for obesity through review through variables like home health literacy environment, parental general health and nutrition health literacy, parent education, school provided health care referrals, and perceptions of health care quality.*

Link to Dissertation ...

<https://pqdtopen.proquest.com/docl2191704673.html?FMT=A>

Computer skills: Proficient: SPSS, Amos (Structural Equation Modeling) Microsoft Office, Survey Monkey, EPIC, and Piktochart infographics. Learning Stata.

Languages: native: English, fluent: Bengali, beginner: French

Health Coach Certification earned in July 2019, from the Health Coach Institute

Sparkly Life Health Coaching Website: <https://www.sparklylifehealthcoaching.com>

Special Awards: November 1999. A winner of an essay contest (among a diverse group of US South Asian students) on how to improve the living standards of the underprivileged in India sponsored by New York Life and Bharatiya Vidya Bhavan Institute for Indian Culture. My topic included how to leverage the tourism industry. Met with local residents in both village and community settings , regional state, and federal officials to learn and discuss the feasibility of implementing ideas. Had an opportunity to meet with Prime Minister Bhajpayee, VP Krishnakande, Chief Minister of a state government in Himachal Pradesh and his Holiness the Dalai Lama. I have also had the opportunity in 2016 to visit West Bengal India and travel to local universities and village areas to learn about youth and adult continuing education efforts for mushroom farming, education and literacy promotion projects.

Employment Experience

Employer	Position	Dates of employment	Full/Part-time	Reason for leaving
Del State University	Adjunct Instructor	3/2019 - present	Part Time Mon to Fri	Still employed
University of Delaware Center for Disabilities Studies	Survey Research, NCI Project Coordinator/Co- Principal Investigator	09/2018 -6/30/2018 7/2019 to present	Part Time full Time	Still employed
University of Delaware Institute for Global Studies	Project Assistant/Research Assistant	06/2018 - 12/2018	Part Time	Completed tasks and started working at a new job
University of Delaware, IPA	Public Policy Fellow/ Research Assistant	01/2017 - 8/2017	Part Time	Completed tasks and worked on my doctoral dissertation.
Delaware Department of Education: Delaware Future Education Leaders Program	Summer Fellow/Intern	06/2016 - 08/2016	Part Time	Completed work tasks
Nemours Foundation, A.I. DuPont Hospital for Children	Research Specialist/Coordinator	01/2011 - 2/2013, 03/2013 - 10/2013	Full Time, Part Time	Completed work tasks and began Ph.D. program of study
Commonwealth of MA, Massachusetts Department of Public Health, Office of Health and Disability/Health Aging	Program Coordinator II	01/2006 - 12/2010	Full Time	Completed work tasks and relocated for another job.
Harvard Graduate School of Education	English Language Assessor for Bilingual Children in Head Start Programs	09/2001- 05/2003	Part Time	Completed work tasks and resumed graduate studies
Tufts TIER, MA Healthy Families Evaluation Project	Research Assistant	09/2001- 05/2006	Part Time	Completed work tasks and graduated
The Rockford Center	Mental Health Worker/ Discharge Planner	05/2000- 08/2001	Full Time	Completed work tasks and relocated for grad school

Work Experience

March 2019 - present Adjunct Instructor Online Teaching, Del State University, 8 week courses
Online Public Policy Analysis Course, MPA 602, or Research methods, MPA 504.

**September 2018- Present, Co-Principal Investigator, PROJECT COORDINATOR,
National Core Indicators Project, University of Delaware, Center for Disabilities Studies.**

- Presently managing program activities and 10 Staff Members to complete a survey research project about Client Perspectives on Quality of State Services for Adults with Intellectual and Developmental Disabilities.
- Interagency coordination, Project Management, Data collection organization for Delaware

July 2017 to present, Owner, CEO, Project Director, Padma Sherni Inc. a 501c3 nonprofit



A Research & Public Policy Analysis
NonProfit Organization

Building Children's Resilience
with
Health and Literacy Promotion

& Multicultural Awareness through the Arts

<https://www.padmashemi.org>

The 501c3 nonprofit organization: Padma Sherni Inc. started in order to promote health and education access across the lifespan, and multicultural awareness through the arts!

Padma Sherni Inc. has a strong interest in increasing the rate of developmental screenings and related referrals for literacy and health promotion. The founder started this nonprofit organization to focus on efforts like education as a path out of poverty, alongside of mentorship, social policy research and project evaluation in collaboration with others who have similar goals. A recent projects that the organization is trying to do is

The Music & Literacy Promotion Project in Preschools for
Understanding how shared reading and guided and free play with music, supports **literacy/numeracy skills** in young children while supporting learning enrichment in lower quality rated preschools striving to achieve 4 or 5 stars in a quality rating improvement system.

We have also hosted a multicultural show to celebrate diversity through song, dance, and theater skits, while raising money for developmental screening toolkits for assessors who rely on resource libraries in lower income preschool neighborhoods.

**June 2018-December 2018, PROGRAM ASSISTANT, University of Delaware
Institute for Global Studies**

- Contributing to the design, administration, and data analysis from surveys and evaluations for IGS programs using Microsoft Office and SPSS.
- Creating initial summaries and reports of survey data
- Assisting Associate Directors with preparing international briefs

January 2018 -August 2018, GRADUATE STUDENT RESEARCHER

- Completed writing of IRB approved dissertation document on Health Literacy & Health Seeking Behavior of Parents with Young Children in Early Education and Care programs in New Castle County, Delaware.

January 2017- August 2017, POLICY FELLOW & RESEARCH ASSISTANT

Institute for Public Administration, University of Delaware, Newark, Delaware

- Community Engagement Initiative projects including: Data analysis, graphs, policy briefs & reports, and workshop development, pertaining to Education Policy for two projects that study how to improve educational outcomes for low income students: the Wilmington Education Improvement Commission, and the Partnership for Public Education.
- Also completed IRB approved dissertation research on Health Literacy & Health Seeking Behavior of Parents with Young Children in New Castle County, Delaware using Microsoft Office, and SPSS a statistical software.
 - Literature Review, Project coordination and Analysis Plan
 - Recruitment and tracking of study participants
 - Obtaining informed consent from and parents of children ages 3 to 5 years old
 - Management of data collection, data entry and quality using SPSS
 - Coded 4 surveys to understand nutrition and functional health literacy of parents

June 2016-August 2016, SUMMER FELLOW & INTERN

Delaware Department of Education: Delaware Future Education Leaders Program, Dover, Delaware.

- Within the **Office of Early Learning**, researched early education and care teacher compensation and retention critical to policy agenda for ten weeks with the Delaware Department of Education. Participated in a program of discussion sessions with Delaware leaders in state government, district and school leadership, the business community, and non-profit organizations intended to develop leadership and thinking on education issues of national importance. Ten weeks culminated in a presentation of work and policy recommendations to department staff and leadership.

May 2016- November 2016, RECEPTIONIST

Genesis Health Care: Brinton Manor, Glenn Mills, PA.

- Part time, temporary, administrative front desk support, answering phones, and greeting visitors at a senior care/nursing home.

January 2011-October 2013, RESEARCH SPECIALIST/ COORDINATOR

Nemours Foundation. A Children's Hospital System. -A.I. duPont Hospital for Children, Wilmington, DE.

Study Title: Clinician-Parent-Patient Communication in Pediatrics.

Study Focus: To understand how communication between clinicians and families affect outcomes of health care including treatment adherence, satisfaction with the clinic visit, and quality of life for youth ages 5-17 years with a chronic illness (asthma, cystic fibrosis, cancer, diabetes, or obesity).

- Recruitment and tracking of study participants
- Obtaining informed consent from clinicians and parents and assent from children
- Administering questionnaires and interviews with youth and families
- Management of data collection, data entry and quality at clinic visits using SPSS
- Coding digital video recordings of clinic visits

- Documentation in EPIC of research study clinic visits
- Participation in regularly scheduled video/phone conferences with counterparts at other Nemours sites for training, problem solving, etc.

January 2006- December 2010, PROGRAM COORDINATOR II

Commonwealth of Massachusetts, State Department of Public Health

Division of Health Promotion and Disease Prevention, Healthy Aging & Disability Unit

- Boston, MA.

- Participated in planning, development, and capacity building for Disability Access across programs including: women's and men's health, nutrition and physical activity, violence and injury prevention, culturally and linguistically appropriate services, and youth transition.
- Organized trainings, participating in inter-agency advisory committees, meetings, and conferences (including: MA Consortium for Children with Special Health Needs, Department of Mental Health Youth Development Committee, MDPH Youth Violence Prevention)
- Wrote grant proposals, surveys, prepared written reports and recommendations, data tables, charts, and logic models. Contribution towards surveys inclusive of people with disabilities were: The Mammography Facility Assessment Tool (MFAT). Another survey, the Healthy Relationships & Sexuality Resources Needs Assessment (which informed a resource guide to meet goals of the MA Sexual Violence Prevention Plan.)
- Revised Accessibility Policies and Procedures for contracted providers and amended RFR contract process for Americans with Disabilities Act (ADA) compliance.
- Developed surveys, Piloted assessment tools, created databases, and analyzed data to track increased accessibility of Mammography Facilities and Community Health Centers.
- Monitored assessors' work/progress
- Facilitated Unit's S.M.A.R.T workplan progress.
- Implemented communications project of The Right to Know Breast Cancer Screening Pilot for women with mobility impairments with the Centers for Disease Control & Prevention.
- Researched, developed and disseminated health promotion materials, and resources lists: Accessible Print Materials Guidelines for MDPH and wrote process plan for policy.

2005, RESEARCH ASSISTANT/ INTERN

Commonwealth of Massachusetts, State Department of Early Education and Care

Division of Early Learning Services: Research, Evaluation, & Data Team - Malden, MA.

- Evaluated statewide community profiles of supply, demand, and quality of early education programs.
- Cleaned, coded, and analyzed survey data, and created data tables and presentations using SPSS and Excel.
- Produced community level data reports with project coordinators and research analysts.

2003, TEACHING ASSISTANT

Eliot-Pearson Department of Child Development - Tufts University, Medford, MA.

- Supervised undergrads on projects and term papers for Parent-Child relations course which focused on universal versus culturally relative normative parenting.
- Lead review sessions, lectures, and graded exams.

2002 - 2003, INTERN, MA Department of Public Health

- **Early Intervention Partnerships, Division of Maternal and Child Health:** Participated in the development of advisory committee, program standards of care, corresponding comprehensive health assessment forms, and family care plans.

2001 - 2003, ASSESSOR, Harvard Early Childhood Study of Language and Literacy Development of Spanish-Speaking Children - Harvard University Graduate School of Education, Cambridge, MA.

- Interviewed and Assessed English language proficiency of bilingual children aged 4-6 years (in Head Start Schools).

2001 - 2006, RESEARCH ASSISTANT, Massachusetts Healthy Families Evaluation Tufts TIER, Tufts Interdisciplinary Evaluation Research - Tufts University, Medford, MA.

- Qualitative/Quantitative analysis with SPSS of home visitor interviews and participant data system to determine family involvement in a teen parent home visiting program
- Assessed standards and services of program for young parents to prevent child abuse/neglect and repeat teen pregnancy.
- Coded videotaped teen parent-child interactions for emotional availability during teaching tasks and free play.

2000 - 2001, LEAD MENTAL HEALTH WORKER, CHILD, ADOLESCENT & ADULT UNITS & DISCHARGE PLANNER. The Rockford Center: private psychiatric hospital - Newark, DE.

- Charted summaries of daily observation of resident inpatients.
- Participated in multidisciplinary team conferences for planning patient care.
- Ran educational and therapeutic group sessions on: substance abuse, anger, conflict, depression, grief and abuse.
- Worked with nursing and social services staff to assign appropriate after care for all patients being discharged from hospital inpatient and outpatient programs