



Health and Education
Research Services, Inc.
dba Padma Sherni, Inc.

A Research & Public Policy Analysis
Non Profit Organization:

The proposed project resolves comprehensive care for the preschool system:

1. Providing a paid for opportunity to those who require a 20 hour per week work employment or internship to graduate with credentials.
2. By supporting the attainment of the credential by helping to fulfill required components, we are helping to increase the education level of the teachers in the classroom thereby improving quality in the classroom and during home visits and at family child care. This can be further transitioned for bilingual teachers as well.
3. There is a disparity in the attainment of CDA credentials in the latter two categories of early childhood professionals and our project would help to increase the number of qualified professionals working with young children in all of these settings.
4. We also resolve an improved teacher to student ratio. By paying for a project or research assistant in the classroom funds are not taken away from the place setting in order to have an additional staff person in the room.
5. The additional person would offer guided interactive modules for nutrition, physical activity, meditation and yoga, socio emotional learning, life science and exploration, basic and emerging literacy, numeracy, math, letters, shapes, and number recognition, music, and arts, and drama play that are age relevant. So that implementing learned modules becomes a reality for effective classroom improvements.
6. The resulting reduced stress helps possibly with increased emotional sensitivity, nonhostility, non intrusiveness, and improved structuring according to the Beringen scale of emotional availability.
7. Reduced depression and anxiety symptoms might also result in the environment of a child by trained teachers working on planned projects that they can also share with parent as education modules with the support of the additional staff person.
8. The results of the canned project can be repeated learning opportunities for both the teacher and child and parent and child that are measurable data trackable activities.
9. The project impact has benefits for preschool community from educated children and parents additionally on various health and education modules with the increased capability measured as pre and post program participation.
10. With possible grant funding, two hired paid for staff per classroom, would work with directors and teachers on a policy for systems change to add an optional wellness module with workplan standard to be implemented throughout the year. The policy would be added to a directors center based plan or home visitor's plan and family child care providers plan for employee health benefit opportunities as a routine effective preschool systems change.
11. The project will begin with a conference to meet and greet hired EEC staff plus care
(1) Health copays waived at visiting health van with nurses, social workers, and education professionals, with free swag and resources.(2) Health book shared reading program for literacy, (3) Training to do assessments for referrals. (4) Utilizing data to qualify for grants